of Opus Dei

Sherlake offers a variety of intellectual and cultural programs that help women and girls to deepen their understanding of the dignity of the human person and to serve society with magnanimity, professionalism and joy.

If you would like more information, please contact:

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Opus Dei, founded by St. Josemaria Escriva, is a personal prelature of the Catholic Church. Its mission is to spread the message that all Christians are called by God to seek holiness and make Christ known in and through their daily work, family life and social relations. In this way it contributes to the improvement of society.

Some fundamental characteristics of Opus Dei are the following: awareness of being a child of God as the foundation of one's spiritual life; considering that one's work, done with rectitude and desire to serve, is something that can sanctify one's self and others; the desire to have a trusting personal relationship with Jesus Christ in the middle of the world; the desire to make the Holy Mass the center of one's interior life; a love for personal freedom and responsibility; fostering mutual understanding and harmony.

What is a Cooperator?

Cooperators are men or women who, without forming part of the Prelate of Opus Dei, help its apostolates in various ways. Cooperators usually are relatives, friends or colleagues of the Prelature's members. They have received some spiritual benefit from the apostolate of Opus Dei or simply appreciate the human and social development that takes place in apostolic endeavors of the Work. Cooperators include non-Catholics, non-Christians or persons who profess no religion at all.

What is involved in being a Cooperator of Opus Dei?

Cooperators collaborate with the apostolates of Opus Dei in many ways. Spiritual help takes the form of daily prayer, if possible, for Opus Dei and its apostolates. Material help consists in financial contributions or in collaborating through one's work in some apostolic undertaking of the Prelature.

In addition, those who wish, participate in the means of Christian formation offered by the Prelature.

What benefits do Cooperators receive?

The faithful of Opus Dei pray daily for all who help the Prelature in any way. On certain occasions priests of Opus Dei offer Mass for the souls of the deceased Cooperators. The Holy See has granted indulgences the Catholic Cooperators can gain on some particular days of the year by observing the conditions established by the Church and renewing, out of devotion, their commitments as Cooperators. You will receive a card acknowledging your status as a cooperator that includes these dates.

How does one become a Cooperator?

Sherlake Cultural Center is a center of Opus Dei. The Regional Vicar of Opus Dei appoints persons who desire to be Cooperators by means of a proposal made by a member of the Prelature of Opus Dei. On that day a Catholic Cooperator can gain a plenary indulgence.